



Galilee Bulletin

Issue 27 · 08 Oct 2020

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Messages

Live Love Learn

Dear Families,

Thank you for all your support, patience and understanding during these past few weeks of remote and flexible learning.

Following advice from the Chief Health Officer, the Victorian Government and the Catholic Education Commission of Victoria Ltd (CECV) have advised that schools can begin a phased return to onsite schooling.

All students, Prep - Year 6 will return to onsite schooling on **Monday 12th October**.

Tomorrow, **Friday 9th October**, optional specialist activities will be set for all students tomorrow, feedback will not be provided. Classroom teachers

will do their morning hangout as per usual.

Please note that as of Monday 12th October, all students will be expected to attend school as normal. This means if you choose to keep your child/ren at home after this date, we can no longer support their learning from home.

The only exceptions will be those children with current, significant medical conditions. Those families are asked to please contact the school so we can assess the need and make an appropriate plan if required.

This has been the advice from Catholic Education Melbourne

and is the same approach being taken by all Catholic and Government schools in Victoria.



Drop Off/Dismissal

Morning Drop Off

- 8:35am Siblings (family groups) arrive
Prep siblings are to enter via Learning St gate and go straight to their classroom
Years 1-6 siblings enter via main gate and line up on the basketball court with their teacher
- 8:40am - 8:50am All non siblings arrive. Preps enter via Learning St gate and go

straight to their classroom Year 1-6 enter via main gate and line up on the basketball court with their teacher

- No parents/visitors will be allowed on the school grounds.
- Parents are asked not to gather in groups outside the school gates and to observe social distancing.

Afternoon Dismissal

- 3:00pm all siblings from all year levels (including those in the same year level, ie: twins, triplets) are dismissed.
- 3:10pm Prep and Year 1 students are dismissed.
- 3:15pm Year 2 and Year 3 students are dismissed.
- 3:20pm Year 4, Year 5 and Year 6 students are dismissed.
- Parents are asked not to gather in groups outside the school gates and to observe social distancing.

Parents/Guardians are asked to please follow the directions of staff for dismissal:

1. Parent/Guardian will enter the school grounds through the school gate when directed by a staff member.
2. Parent/Guardian will maintain social distancing

along the brick pathway.

3. When Parent/Guardian get to the front of the line on the brick pathway, their child/children will be called forward.

4. Parent/Guardian and child/ren will exit through the big gate.

Late comers

- If your child is not at school by 8:50am and therefore will be late, there will be no admittance to the school grounds until 11:45am. This is due to unavailability of staff to supervise late arrivals.
- We ask that you only use the Bank Street Entrance and you ring the doorbell once when you arrive.
- A staff member will meet you at the school gate and students will be escorted to the office.

Early pickups

- We strongly advise against students leaving school early.
- We ask that if at all possible you schedule medical appointments outside school hours; however, if this is unavoidable you must pick up your children at the following times: 11:45am or 1:40pm.

- We ask that only use the Bank Street Entrance and you ring the doorbell once when you arrive.

- A staff member will meet you at the school gate with the student.

Student On-Site Protocols

- **COVID-19 symptoms upon arrival:** Students presenting any COVID-19 symptoms including fever, cough, sneezing, temperature, runny nose will not be cleared for entry
- **Masks: As per CEM directives, students will not be required to wear a mask, however, families may choose for their child to wear one.**
- **Arrival:** Parents are to arrive at school with their child and remain with their child until they have been cleared to enter the premises.
- **Social distancing:** Parents, students and families must not congregate at the school gate before or after school. They must maintain 1.5 metres

distance from other people when waiting for the school to open or close.

- **COVID-19 symptoms throughout the day:** Students who develop any COVID-19 symptoms including fever, cough, sneezing, temperature, runny nose throughout the day will be immediately isolated with visual supervision. Parents will be contacted to collect their child immediately.
- **Playground/shared equipment:** As per CEM directives, students may use the playground and shared classroom equipment.
- **Washing hands:** Students are to wash hands thoroughly with soap, for 20 seconds, after sneezing, coughing, going to the bathroom and before and after eating.
- **Drinking Taps:** Students may not use the drinking taps and must have a drink bottle at school
- **Physical Distancing:** Students should practice physical distancing

where possible.

Maintaining a physical distance of 1.5 meters will not always be practical in the school environment and this may be particularly challenging in the younger years of primary school.

Disposable mask donation

To Galilee PS and Families, Our prayers and thoughts go out to all Galilee PS families, staff and friends in these ongoing and challenging times with the current Global pandemic. In the interim while we battle away, we are playing a small role with our local community in lending a hand by assisting those at a time in need with a donation of disposable masks. May we all as the Galilee family community, continue to bond together with our school network, in helping one another where you possibly can. Together we shall get through this. At this time, we wish all **Well**, keep **Positive**, be **Safe**, **God Bless** our lovely community and our Country of Oz.

On behalf of Rack World Systems..... The Bourbon Family xx.

Wellbeing

Returning to School

We understand that some students may feel anxious about this move back to classroom teaching and learning. We have included here a list of useful tips and strategies to help you transition your children back to school:

- Get back into the school-day routine at least a week early – waking up, eating and going to bed at regular times.
- Get your child involved in planning out their lunches and snacks for the first week back.
- For anxious kids, plenty of detail can be calming. Talk through the steps of getting to their classroom: eg "And then we hang up our bag on our hook; we say hi to our friends; we find our seat."
- Stick to familiar routines as much as possible. Try to have a calm evening and allow more time to settle before bedtime if your child is feeling excited or nervous about school.

- Help your child pack their bag the night before. A visual checklist can help them remember what they need to take. Layout their clothes so everything's ready for the morning.
- Allow some extra time to get ready on day one so you're not rushing.

Back to School Strategies

Reasons returning to school may cause anxiety for some children:

- ★ They felt safe and enjoyed spending time with their family in isolation.
- ★ Returning to pre-COVID-19 stressors like friendship concerns.
- ★ Concerns for their safety/fear of COVID-19 returning.
- ★ School won't be the same as it was pre-COVID-19.

Normalise and validate their feelings:

- ★ Lots of kids will be feeling this way - it's normal to feel a bit worried
- ★ It's also normal to have mixed emotions, feeling excited, worried, relieved and/or angry.

Stay calm and positive:

- ★ Discuss what your children are looking forward to,

acknowledge the negatives and focus on the positives.

- ★ Try to remain calm and manage your own anxiety as effectively as possible.

Make a plan for the return to school and talk about it:

- ★ Give specific details where possible and appropriate.
- ★ It is particularly important to talk about changes if routines are different from when your child was last onsite.
- ★ Talk about who will be dropping off and picking up and how your child will be getting to school.
- ★ Discuss things that will be different from when your child was last onsite eg. staggered drop-off/pick up, parent/carers not entering the school.

Emphasise safety measures that are in place:

- ★ The decision to go back to school is based on medical advice.
- ★ All the staff at school are working hard to keep everyone safe.
- ★ We will continue to wash our hands and the school will be cleaned regularly to help us keep safe.

Get back into a routine:

- ★ **1 week before-** Start to get back into your usual routines,

including bedtimes as well as meal and snack times.

1 day before- Assist your children to prepare their bags, uniforms and everything they need to return.

On the day- Allow plenty of time to get ready for school, as being rushed can increase anxiety.

Are you getting enough sleep?



As we head back to onsite school learning and routines, it is important for children to be getting a good night's sleep and developing positive night time habits.

Sleep assists in children's brain growth and is important for the development of a child's learning and behaviour. Quality sleep allows the body to restore both physical and mental health, it also helps maintain memory and immune systems.

Normal sleep:

According to the Department of Health, children aged between 3-5 years should be getting between 10-13 hours, while 6-13 year olds should be getting between 9-11 hours. Children who do not get enough sleep can be at risk of underperforming when compared to their peers.

Some effects and impacts of lack of sleep include:

Emotional- Children may be moody, irritable and have poor emotional regulation.

Behaviour- Children may be restless, defiant and demonstrate some behaviour issues.

Learning- Children may not be able to concentrate, they might have issues with problem solving and decision making. Children may also have a weaker memory capacity. Sleep issues might be medical related or behaviour based. If you are concerned about your child's sleep, please contact and consult your GP.

Tips for Getting a Good

Night's Sleep

-Establish a good bedtime routine (no screen time 1 hour prior to sleep, reading a book before bed, warm bath).

- An optimal sleep environment should be cool, quiet and dark.
- Have a regular bedtime and wake time.
- Night time meditation and relaxing may help.



Book Week



Please come to school dressed as your favourite book character on Wednesday 21st October.

We will have our own individual class parades in our classrooms. Staff will then put together a slideshow of photos to present to families.

Virtual Parent Wellbeing Seminar

Parents are invited to join a free, virtual seminar this evening, **Thursday 8 October (7pm-8pm)**, to connect and learn how Galilee families have experienced remote learning and lockdown, and strategies to support the children returning to school.

In this interactive seminar, you will be joined by members of the Galilee Wellbeing Team. Please join us and learn what the Galilee Wellbeing Team have discovered and how your family can continue to flourish during remote learning for 3-6 students and lockdown, and prepare your children for the return to school.

Uniform

In Term 4, students attending school may choose to wear the Winter uniform on colder days until Friday, October 22. All students will need to wear the full Summer Uniform from **Monday 25 October** once they return to school. A reminder that the school hat must be worn from the start of Term 4. NB Galilee follows the Sun Smart policy: No hat, no play.

Scripture of the Week

PE days in Term 4

Please note the following days your child/ren need to wear their Sport uniform.

Tuesday - Prep M, Year 2, 3L, 6B

Wednesday - Year 1, 4F, Year 5

Thursday - Prep S, 3M, 4M, 6F



The new Galilee uniform is available for purchase from PSW (online ordering). Click on the PSW website, Your School then Find Your School. Items of the current uniform can be worn until the end of Term 1 2022. An exception will be made for Year 6 students. All other students must be in the new uniform by Term 2, 2022. The Sports Uniform must be worn on allocated PE days.

SUMMER UNIFORM OPTIONS	
BOYS	GIRLS
Navy blue shorts worn with navy up and down ankle socks	Summer dress worn with white socks
Short sleeve polo or short sleeve shirt	Navy blue shorts worn with navy up and down ankle socks
Wool blend maroon jumper with embroidered logo	Short sleeve polo or short sleeve shirt
Black leather school shoes (velcro or lace-ups)	Wool blend maroon jumper with embroidered logo
	Black leather school shoes (velcro or T-bar)

Simon Millar
Principal of Galilee



Community Links

TheirCare

Over the Spring Holidays we ran an Ocean Odyssey themed Holiday Program. The children couldn't wait to play, spend time with their friends, educators and to take part in

the Ocean Odyssey activities, experiences, games and adventures that were provided. Jai, Joseph, Sonia and Deio used Lego blocks, cars, trucks and Magna Tiles to build and

create their racetrack. To support Childhood Cancer on Talk Like a Pirate Day, we had a wide variety of activities the children took part in. Max, Lachlan, and Rocco pretended to be pirates and chased

everyone around the playground. Annabelle, Jacob, and Charles had leadership roles by taking everyone's orders for mini pizzas for lunch and even assisted Georgia in cooking them. The children then took part in a treasure hunt where they had to decorate coin templates ready for the hunt to begin. Charles, Jacob, and Annabelle were very determined to find the most coins, but Jessica and Vivienne just beat them to it and won by only one coin.

Shiver me Timbers! Annabelle, Max, Rocco, Jai and Evie hand wrote their pirate letters by investigating ideas and extending on their language and literacy. Gemma was so proud when she read the pirate letters to see how much thought and effort went into them.

It was amazing to see how the children perceived the ocean while they were doing the Ocean Diorama activity. They used their imagination to create an ocean scene using the materials they were given.

The children were overwhelmed with excitement when our brand-new board

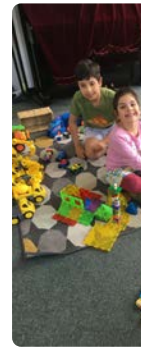
games and sports equipment got dropped off by Sarah (Area Manger).

The children then divided themselves into groups for the Coral Reef Collage art and crafts activity. Lily and Ella kept on going with their collage because they wanted to make it perfect! Jessica and Lara made a little cave with a sunfish and an eel family, the collages are now up on display for everyone to see.

Claymation Incursion: The children collaborated within their groups to create a story using the storyboard templates and maps. Jacob made a green Pearman that turned into a mouse and then each group played outside while awaiting for their group to film their story.

We then celebrated the end of school holidays with a chocolate cake, soooooo delicious! The children enjoyed playing off-ground tiggy and poison ball while remembering to keep hydrated by drinking lots of water out of their DIY drink bottles, they decorated during holiday program.

I can't wait for the children and families to come back to TheirCare this term, as I have missed you all.



Gemma

Service Coordinator
 Support Office: 1300 072 410
 Service Mobile: 0487 009 626
 E: galiilee@theircare.com.au
 W: www.theircare.com.au

Local Election

Galilee dads, Bernie (Lake Ward) and Earl (Gateway Ward) are both candidates in the upcoming local election. Good luck to them both!



Sth. Melbourne Little Athletics



Dates & Information

****Dates and Times may change.**

Parent Calendar

<http://www.gsmelbournesth.catholic.edu.au/page/179/Calendar>

Term Dates

Term 4 - Mon Oct 5 - Tuesday Dec 15, 1.30pm

Term 4

- October 8 - Prep-Year 6 Virtual Parent Wellbeing Seminar 7pm
- October 12 - All students return to school onsite
- October 14 - Prep Transition Session 1, 2-2.30pm online
- October 19 - Book Week
- October 21 - Prep Transition Session 2, 2-2.30pm online
- October 21 - Book Week dress up
- October 22 - School Photos
- October 23 - Grand Final public holiday

- October 26 - Summer uniform to be worn
- October 28 - Prep Transition Session 3, 2-2.45pm TBC
- November 2 - School Closure Day
- November 4 - Prep Transition Session 4, 2-2.45pm TBC
- November 9 - Prep Transition Session 5, 9-11am TBC
- November 11 - Prep 2021 Information Evening - 7pm School Hall
- November 18 - Prep 2021 Transition Session 6 (A-K), 2-3pm TBC

November 25 - Prep 2021
 Transition Session 6: (L-Z), 2-3pm TBC
 November 27 - School Closure Day
 December 2 - Prep 2021
 Transition Session 7: (A-K), 2-3pm TBC
 December 9 - Prep 2021
 Transition Session 7: (L-Z), 2-3pm TBC
 December 14 - Prep - Year 6
 Transition 2.30-3.25pm
 December 15 - End of school year, 1.30pm

School Closure Days

2020

November 2
 November 27

Public Holidays

Friday 23 October - Grand Final Eve
 Tuesday 3 November - Melb Cup

Cancelled Term 4 Dates

The following events have been **cancelled** due to the ongoing COVID restrictions and based on the Victorian Government's roadmap to reopening and CEM

guidelines. We look forward to being able to meet and strengthen our community relationships at the beginning of 2021.

Monday 12th October:

Morning Cuppa

Wednesday 21st October: Art

Show

Monday 26th Oct - Friday

30th Oct: P-2 Swimming Lessons

Thursday 29th Oct - Friday

30th Oct: 3L Zoo Snooze

Tuesday 27th Oct - Friday

30th Oct: Yr 5 Merrick's camp

Thursday 5th November:

Mother's Luncheon (formerly Friday 8th May)

Thursday 5th Nov - Friday 6th

Nov: 3M Zoo Snooze

Monday 9th Nov - Friday 13th

Nov: 3-6 Swimming Lessons

Friday 20th November:

Swimming Carnival

Saturday 12th December:

Parent End of Year / Christmas Celebration (formerly Saturday 22nd August)

We are still hopeful that we may be able to continue with our Carols Evening as it is an outdoors event, so Carols on Wednesday 2nd December is TBA.

Camp Calendar

Unfortunately, all remaining camps for 2020 have been cancelled.

Medical Consent Form

Please use this form if your child needs to take any temporary medication at school (antibiotics, eye drops, Ventolin, creams or lotions etc.). All medication MUST be bought to the office.

 Medical Consent Form.pdf

School Uniform

Please read the policy below if you are unsure of the correct wearing of the Uniform.

Students who are in incorrect shoes, with a note, must be for a maximum of one week.

Correct shoes are to be worn till the end of the school year (it is not acceptable to be in incorrect shoes to save purchasing of new shoes towards the end of the school year).

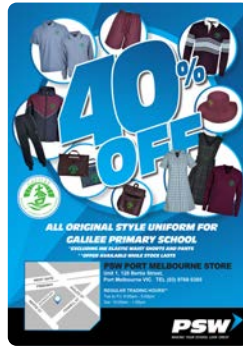
Microfibre jacket can only be worn with the Sport Uniform or over the jumper for extra warmth.

Galilee Uniform Policy:

http://www.gsmelbournesth.catholic.edu.au/uploaded_files/media/1517278888uniform_policy.pdf

PSW Uniform: 1/128 Bertie Street, Port Melbourne 9768 0385

 PSW.pdf



Second Hand Uniform @ Galilee

Not open at the moment until further notice

Galilee Out of School Hours (GOSH)

To register and book for your child to attend before or after school care, please do so via this link: <http://theircare.com.au/>